



MINISTRY OF NATURAL RESOURCES AND CLIMATE CHANGE  
DEPARTMENT OF CLIMATE CHANGE  
AND METEOROLOGICAL SERVICES

## ⚠ Hot Weather over Malawi



**Urgency:** Immediate



**Severity:** Minor



**Certainty:** Likely

**Issued:**

Fri 19 Sep 2025  
16:24

**Effective:**

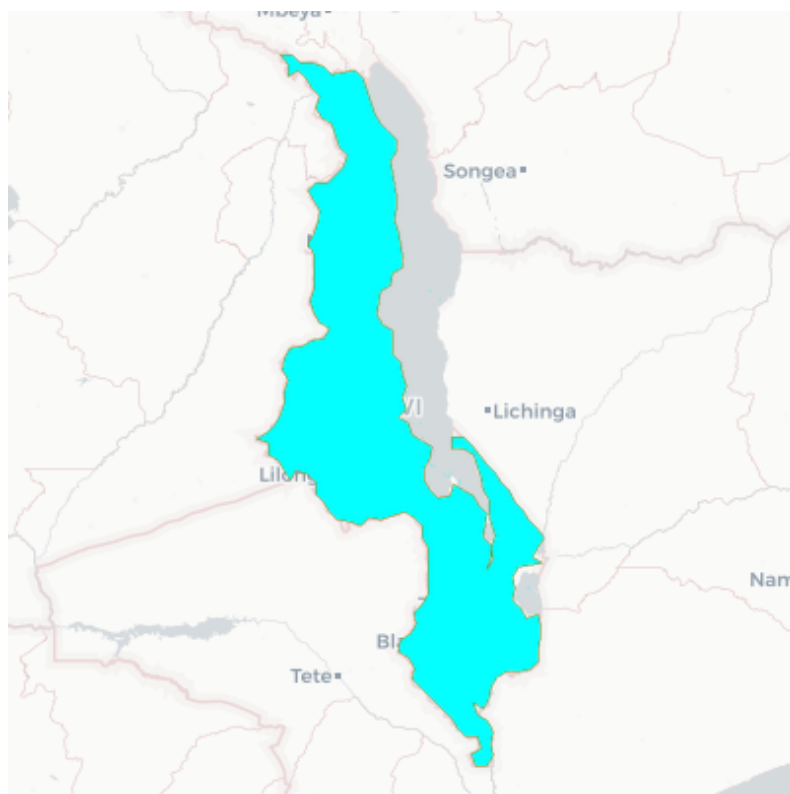
Fri 19 Sep 2025  
16:24

**Onset:**

Fri 19 Sep 2025  
17:00

**Expires:**

Wed 24 Sep 2025  
17:00



**Area:**

Malawi

**Description:**

Most areas across Malawi are expected to experience hot weather conditions, especially during the daytime. These conditions may lead to discomfort and increased heat stress, particularly in low-lying and lakeshore areas.

**Instruction:**

1. Avoid outdoor activities during peak heat hours (10 a.m.–4 p.m.). 2. Stay hydrated by drinking plenty of water. 3. Wear lightweight, light-colored, and loose-fitting clothing. 4. Seek shade or air-conditioned environments.