



NSANJE DISTRICT DOWNSCALED SEASONAL FORECAST, 2025-2026

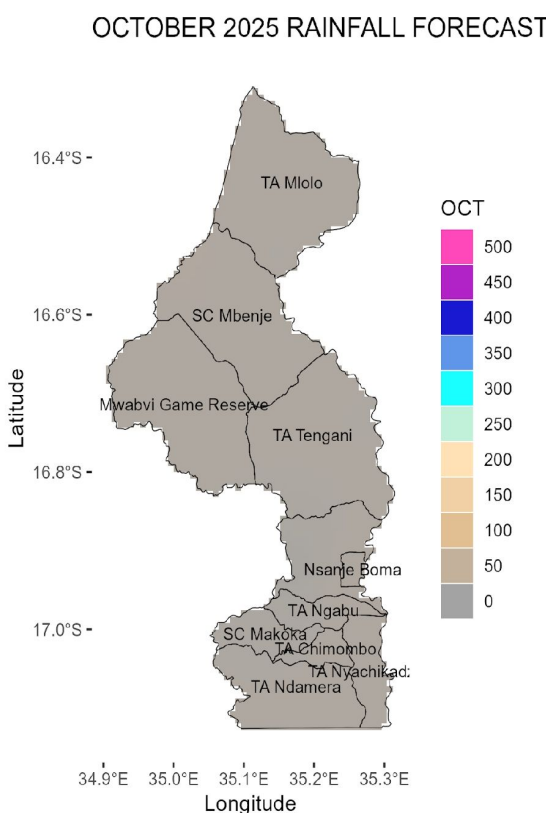
Overview of 2025/2026 Rainfall Season

The 2025-2026 rainfall season is likely to be partly influenced by Neutral El Nino Southern Oscillation conditions in the tropical pacific ocean among other factors.

Neutral El Nino-Southern Oscillation is when the equatorial Pacific Ocean-atmosphere conditions are near their long term average with no active El Nino and La Nina forcing.

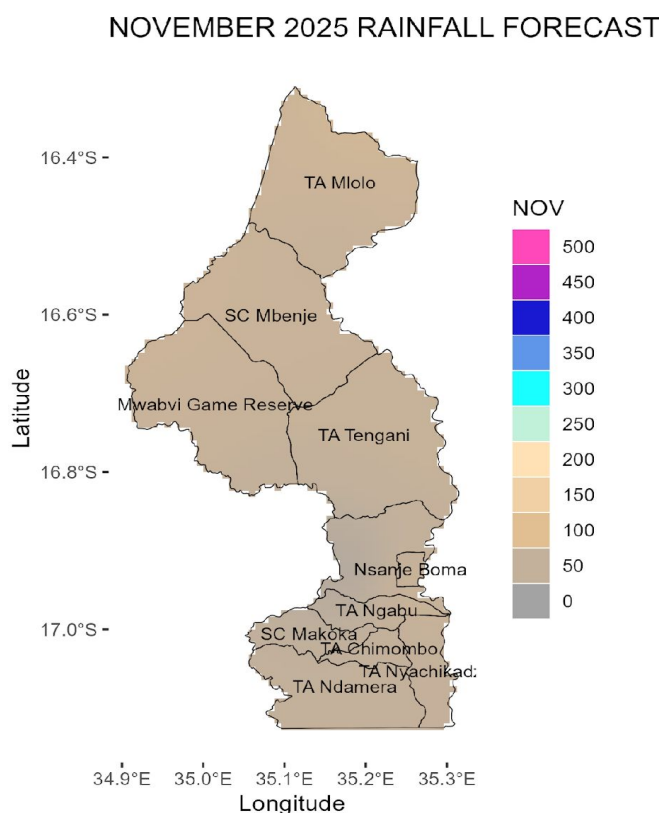
Nsanje is expected to receive **normal to above normal total rainfall amounts** during the 2025-2026 rainfall season.

October 2025



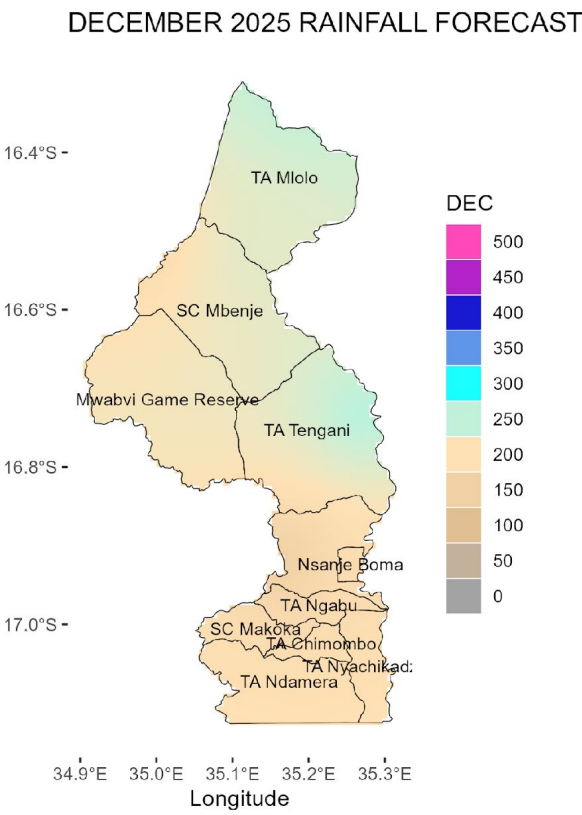
Nsanje district is expected to have a generally dry conditions in October, with most areas receiving rainfall amounts less than 50mm. Expect Chizimalupsa rains to be accompanied by gusty winds and lightning.

November 2025



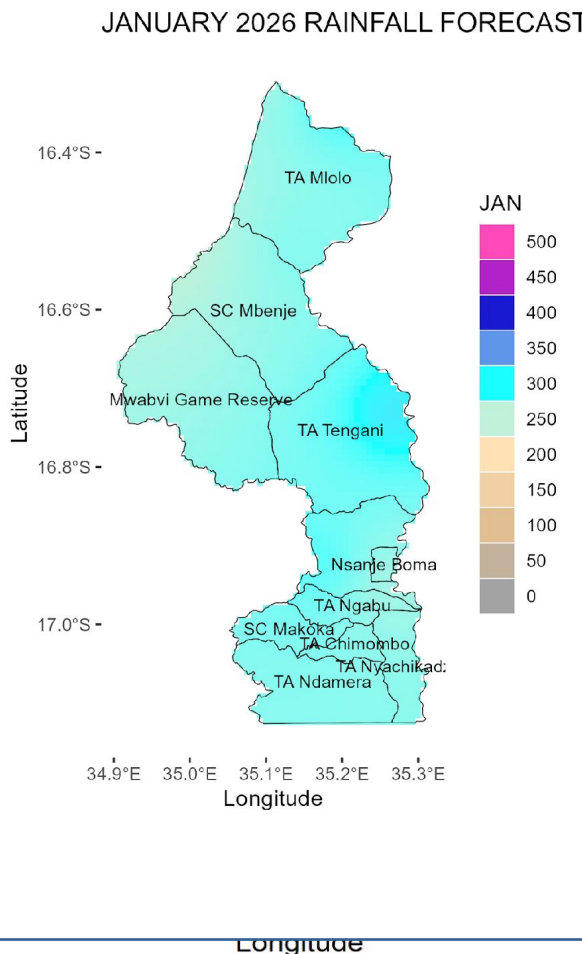
November is expected to be drier than normal, with rainfall amounts of less than 100mm anticipated across the district. Expect rains to be accompanied by strong winds and lightning during the month.

December 2025



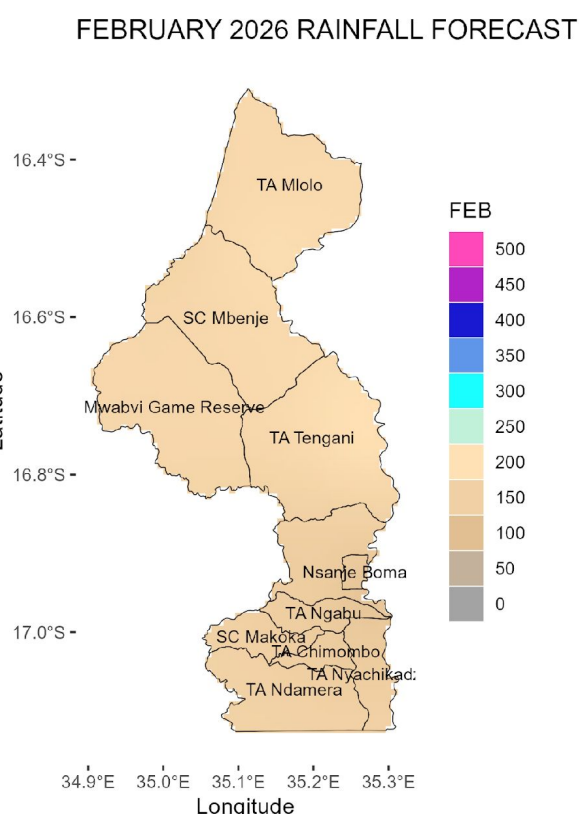
In December, central and northern areas of the district are expected to receive rainfall amounts ranging from 200mm to 250mm. However, southern areas of the district are expected to receive rainfall in the range of 100mm to 150mm. Season onset is expected from early December.

January 2026



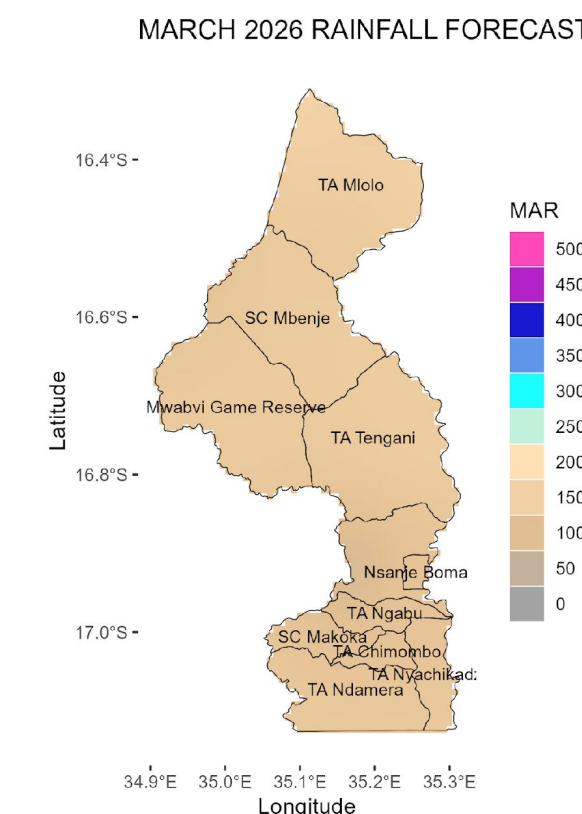
January is expected to be wet, with most areas expected to receive rainfall ranging from 250 to 300mm. The chance of a week-long dry spell in this month is more likely.

February 2026



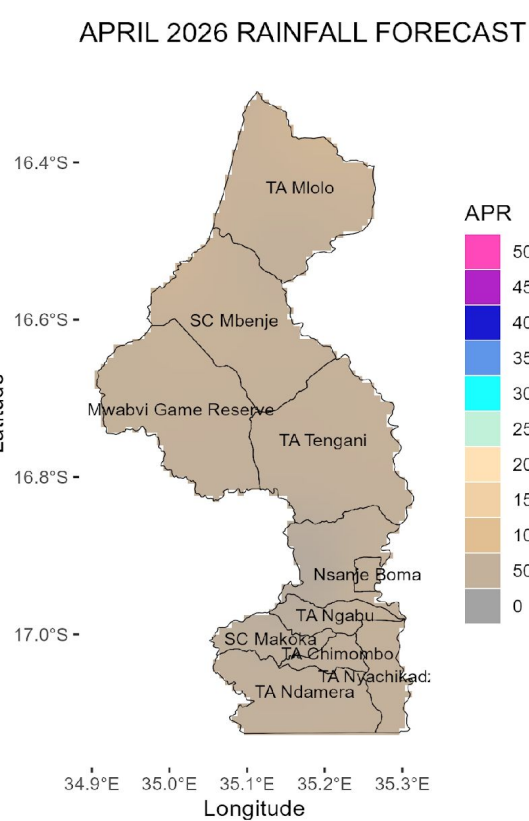
In February, most areas are expected to receive rainfall amounts between 150 to 200mm which is in the normal to above-normal rainfall category for this month. There is a chance of dry spells lasting a week.

March 2026



In March, most areas across the district are expected to receive rainfall amounts ranging from 150 to 200mm. The expected rainfall is in the normal to above normal category.

April 2026

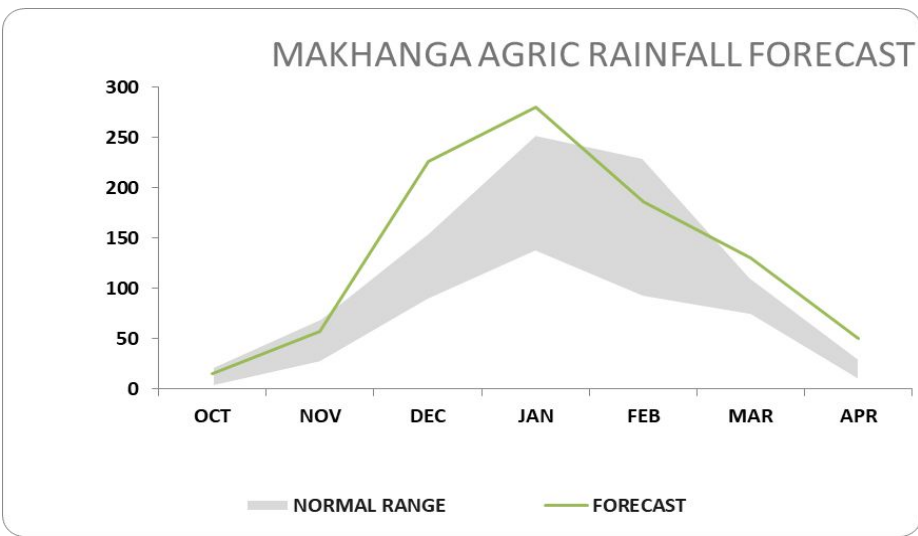


Most areas will receive rainfall amounts between 50mm and 100mm during the month. Rainfall cessation is expected in early April.

In Nsanje, rainfall onset is **expected** early December. **Cessation** is expected in early **April**, 2026. There is a chance of dry spells of around one week in both January and February. The season is expected to span **120 to 130 days**.

The table and figure below show monthly rainfall distribution for the season with a normal band in grey.

MAKHANGA			
MONTH	NORMAL RANGE		FORECAST
OCT	2.5	21.772	15.4
NOV	27.311	69.772	57.1
DEC	88.9	154.644	225.9
JAN	136.996	252.756	280.2
FEB	91.797	229.544	186.6
MAR	73.526	110.746	130.6
APR	8.656	29.903	50.5



The forecast will be updated in December 2025

For further information contact: The Director of Climate Change and Meteorological Services, P.O. Box 1808,Blantyre. Tel +265 1 82 47 12 / Cell: +265 882 26 65 79 Email: metdept@metmalawi.gov.mw; Website: www.metmalawi.gov.mw

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