



LILONGWE DISTRICT DOWNSCALED SEASONAL FORECAST, 2025-2026

Overview of 2025/2026 Rainfall Season

The 2025/2026 rainfall season is likely to be partly influenced by Neutral El Nino Southern Oscillation conditions in the tropical Pacific Ocean among other factors.

Lilongwe is expected to receive **normal to above normal total rainfall amounts** during the 2025-2026 rainfall season

October 2025

OCTOBER 2025 RAINFALL FORECAST

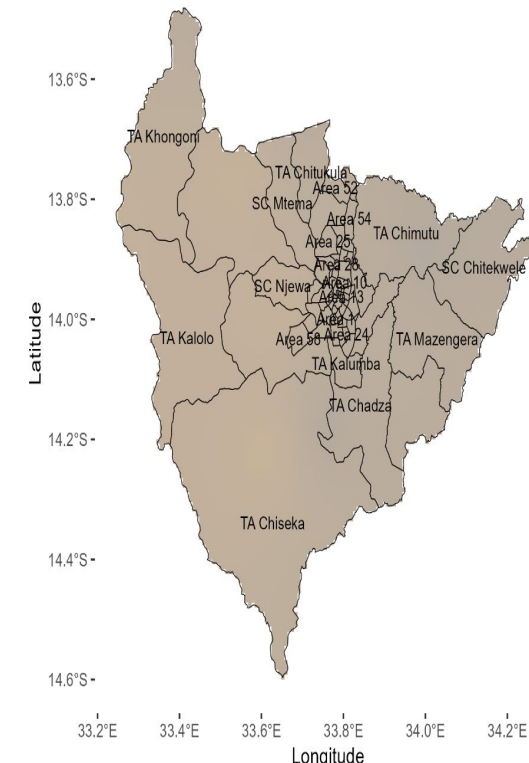


The Month of October is expected to be generally dry with little or no rainfall activities in some areas. Rainfall amounts in the range of 5-20mm are expected due to chizimalupsya rains in few areas.

Occurrences of gusty winds and thunderstorms are more likely.

November 2025

NOVEMBER 2025 RAINFALL FORECAST



Most Areas in the district may receive normal to below normal rainfall amounts, ranging from 20 to 50mm. However areas around T/A Mazengera may receive rainfall amounts of about 130 to 150mm

December 2025

DECEMBER 2025 RAINFALL FORECAST



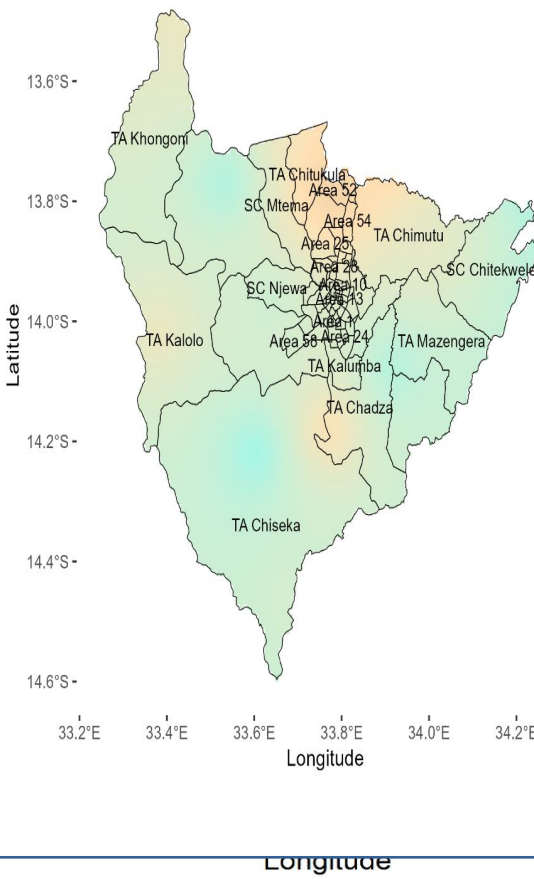
Rainfall amounts in the range of 200-250 mm are expected in most parts of Lilongwe.

Normal to above normal rainfall amounts are expected over most areas.

Rainfall onset is expected from the second week of December over most areas.

January 2026

JANUARY 2026 RAINFALL FORECAST



Normal to above-normal rainfall amounts are expected over most areas in the range of 250-300 mm except for some areas in TA Chimutu, TA Chitukula, TA Kalolo and TA Chadza which are expected to receive less than 200mm.

The likelihood of dry spells lasting about a week is high in January 2026.

February 2026

FEBRUARY 2026 RAINFALL FORECAST



Normal to below-normal rainfall amounts are expected in the month of February with most areas in the district expected to receive not more than 200 mm of rainfall.

The likelihood of dry spells lasting about a week is high in February 2026.

March 2026

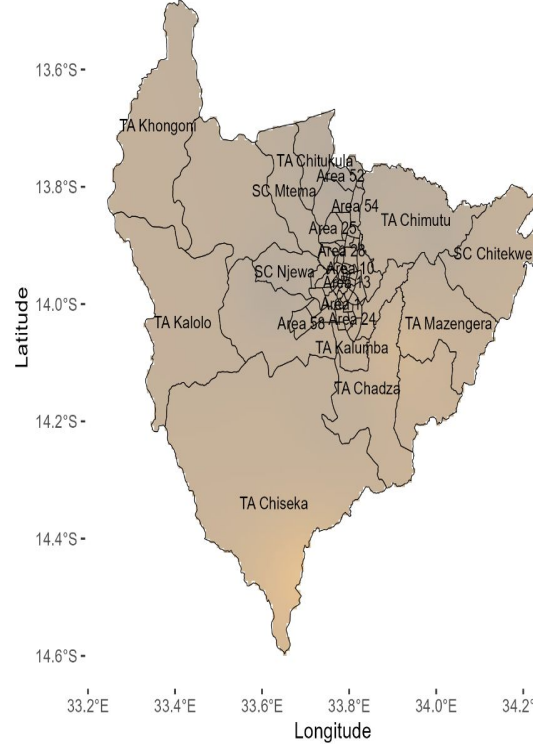
MARCH 2025 RAINFALL FORECAST



Most areas in the district are expected to receive normal to above normal rainfall amounts in the month of March 2026, with amounts ranging from 150-200 mm.

April 2026

APRIL 2026 RAINFALL FORECAST



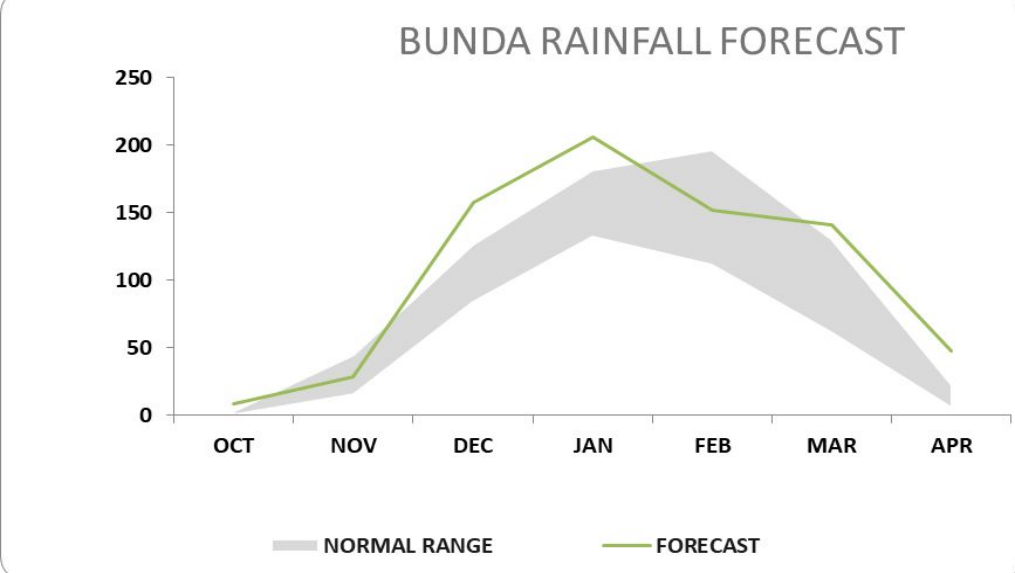
Generally, most areas across Lilongwe district are expected to receive rainfall amounts less than 100 mm.

Rainfall cessation is expected to occur in second week of April.

- Rainfall onset is expected from the second week of December 2025.
- Cessation will most likely be from the second week of March, 2026.
- Dry spells of about one **week** are anticipated in January and February .
- Total length of the season in the district is expected to be from **120 to 130 days**.

The table and figure below show the monthly rainfall distribution for the season with a normal band in grey.

BUNDA		
MONTH	NORMAL RANGE	FORECAST
OCT	0.8	3.144
NOV	16.013	44.618
DEC	83.921	126.191
JAN	132.263	181.073
FEB	111.5	196.195
MAR	61.51	130.261
APR	5.498	22



The forecast will be updated in December 2024

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