

↑ Cold Wave Over Malawi

Urgency: Expected

▲ Severity: Moderate

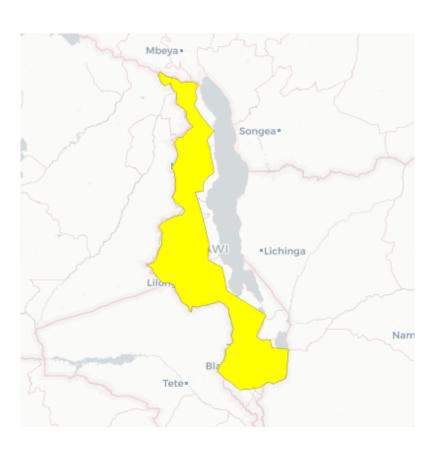
Certainty: Likely

Issued: Thu 31 Jul 2025 11:56 Effective: Thu 31 Jul 2025 12:00

Sat 02 Aug 2025 04:00

Onset:

Expires:Tue 05 Aug 2025
14:00



Area:

Highlands and central areas

Description:

A cool and moist southeasterly air mass is expected to cause temperatures to drop significantly below average across many parts of the country, mainly from Saturday, 2nd August to Tuesday 5th August 2025. This temperature drop may lead to health complications, particularly affecting children, the elderly, and individuals with underlying conditions such as asthma (mphumu).

Instruction:

1. Wear warm clothing, particularly the elderly and children. 2. Do not use a charcoal burner in a poorly ventilated room to avoid carbon monoxide poisoning. 3. Those with asthmatic conditions (mphumu) need to be extra cautious and should avoid cold outdoor air where possible. 4. Use safe and ventilated heating methods at home. 5. Monitor vulnerable individuals and provide extra support where needed. 6. Follow weather updates from the Department of Climate Change and Meteorological Services (DCCMS).