



MINISTRY OF NATURAL RESOURCES AND CLIMATE CHANGE
DEPARTMENT OF CLIMATE CHANGE
AND METEOROLOGICAL SERVICES

⚠ Cold Wave Over Malawi

🕒 **Urgency:** Expected

⚠ **Severity:** Moderate

🎯 **Certainty:** Likely

Issued:

Sun 27 Jul 2025
17:35

Effective:

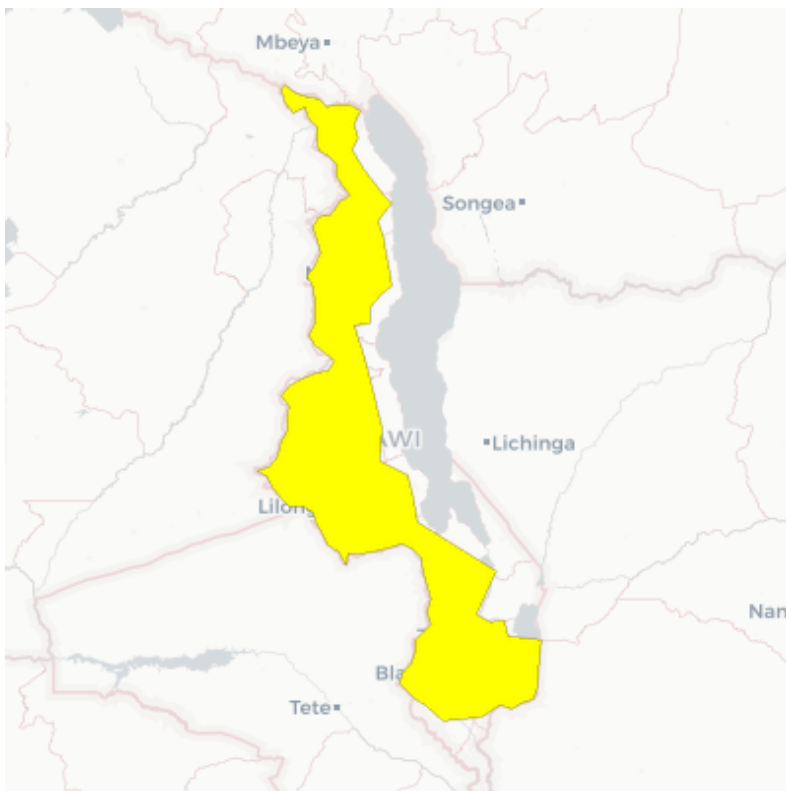
Sun 27 Jul 2025
18:00

Onset:

Mon 28 Jul 2025
04:00

Expires:

Fri 01 Aug 2025
14:00



Area:

Highlands and central areas

Description:

A cool and moist southeasterly air mass is expected to cause temperatures to drop significantly below average across many parts of the country, mainly from Monday, 28th July to Friday, 1st August 2025. This temperature drop may lead to health complications, particularly affecting children, the elderly, and individuals with underlying conditions such as asthma (mphumu).

Instruction:

1. Wear warm clothing, particularly the elderly and children. 2. Do not use a charcoal burner in a poorly ventilated room to avoid carbon monoxide poisoning. 3. Those with asthmatic conditions (mphumu) need to be extra cautious and should avoid cold outdoor air where possible. 4. Use safe and ventilated heating methods at home. 5. Monitor vulnerable individuals and provide extra support where needed. 6. Follow weather updates from the Department of Climate Change and Meteorological Services (DCCMS).